

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sandy Ho Hip

Has successfully participated & completed the

5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 00:53:08

PACE 10:36/km

OVERALL 50 of 97

GENDER 27 of 66

40 - 49 2 of 9

23 June 2019, Sun

Date



Bout Time
Signature